ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZDKK

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Clark Johan HEADCOACH

Coaches: Dehenau Anneleen

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M FREESTYLE WOMEN 11+ Heat:1, starttime: 14:08

Heat: 1/14 Lane : 3 Athlete: CHRISTIAENS YENNA | **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ Heat:1, starttime: 14:08

Heat: 1/14 Lane : 5 Athlete: DE COOMAN ELIEN | **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ Heat:2, starttime: 14:11

Heat: 2/14 Lane : 3 Athlete: ERVINCKX JULIETTE | **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZDKK

Event number: 2: 100M FREESTYLE WOMEN 11+ Heat:3, starttime: 14:13

Heat: 3/14 Lane : 2 Athlete: BAYENS FEMKE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ Heat:1, starttime: 14:36

Heat: 1/11 Lane : 3 Athlete: VERNAILLEN SIEBE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+ Heat:1, starttime: 15:58

Heat: 1/8 Lane : 4 Athlete: DE RIDDER EMMY **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+ Heat:2, starttime: 16:03

Heat: 2/8 Lane : 2 Athlete: DE COOMAN LISELOT **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZDKK

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:2, starttime: 17:09**

Heat: 2/12 Lane : 1 Athlete: ERVINCKX JULIETTE			Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:2, starttime: 17:09**

Heat: 2/12 Lane : 5 Athlete: BAYENS FEMKE			Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:2, starttime: 17:09**

Heat: 2/12 Lane : 6 Athlete: DE RIDDER EMMY			Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:3, starttime: 17:11**

Heat: 3/12 Lane : 2 Athlete: CHRISTIAENS YENNA			Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZDKK

Event number: 10: 50M BUTTERFLY MEN 11+ — Heat:3, starttime: 17:27

Heat: 3/9 Lane : 5 Athlete: VERNAILLEN SIEBE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 4x100M MEDLEY WOMEN 11+ — Heat:1, starttime: 17:37

Heat: 1/2 Lane : 6 Athlete: TEAM ZDKK OPEN — **Q-time: 99:99:99**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: